



JC School of Public Health and Primary Care
Faculty of Medicine
The Chinese University of Hong Kong

Short Courses from the Master Public Health (2025-2026 Term 1)

BACKGROUND

The JC School of Public Health and Primary Care at the Chinese University of Hong Kong offers a wide range of courses and degrees programmes covering all key areas of public health practice. All students receive a strong foundation in professionally recognized competencies, along with the training in emerging core areas of public health. In addition, the School provides specialized courses in areas of particular interest, including epidemiology, environmental health, health promotion, health management.

Short courses are offered either as standalone learning opportunities or as a component of certificate, diploma or degree programmes within the JCSPHC. These courses aim to provide continuing education opportunities for individuals interested in health and healthcare.

For further information, please refer to the website: <https://www.mph.cuhk.edu.hk/> or www.sphpc.cuhk.edu.hk

ORGANISER

These short courses are organised by the Master of Public Health (MPH) programme at the JC School of Public Health and Primary Care, The Chinese University of Hong Kong.

PROGRAMME OBJECTIVES

To provide training including public health perspectives and skills necessary to assume effective leadership in public health practice, reflecting the three domains of health improvement, health protection and health service quality.

ADMISSION REQUIREMENTS

Applicant should hold a bachelor's degree, preferably in medicine or a related approved field. For those with non-professional degree, an honours classification of Second Class or above is required

TEACHING FACULTY

- Courses are delivered by the academic staff from the JC School of Public Health and Primary Care (JCSPHPC), along with affiliated local and international faculty members.
- To meet the multi-disciplinary demands of the curriculum, JCSPHPC engages teaching staff from various local faculties, including nursing, economics, law, pharmacy, business, journalism, geography, and social sciences. The School also collaborates with external experts and key stakeholders in public health practice, such as the Department of Health, Hospital Authority, Food and Environmental Hygiene Department, and other public institutions.
- JCSPHPC continue to build on its long-standing network of international schools of public health , including Johns Hopkins University, University of Oxford, London School of Hygiene and Tropical Medicine, Peking University, and Fudan University, as well as an extended collaborations with public health institutions such as the US Centers for Disease Control and Prevention (US CDC), Chinese Center for Disease Control and Prevention (CDC China), Shenzhen CDC, Shenzhen Municipal Health Commission, and British Columbia Centre for Disease Control (BCCDC) in Canada.

LANGUAGE

English will be used as the medium for instruction.

RECOGNITION

APHEA Accreditation

CME Accreditation

ASSESSMENT

Students are required to achieve a ‘satisfactory pass’ in the assessment for the specified module(s). Upon meeting this requirement, a “Certificate of Completion” will be awarded for the selected module.

Students who attended at least 60% of the lectures, seminars, tutorials, and practical sessions but do not undertake the assessment will instead be awarded a “Certificate of Attendance”.

Course Schedule

Course Code	Module	Unit	Duration	Page No.
<i>Term 1 Aug 2025 – Dec 2025</i>				
HPSB5001F	Introduction to Health and Social Behaviour	3	Sep – Dec 2025	4
HSYS5001F	Health Systems, Policy and Management	3	Sep – Dec 2025	5
HSYS5003	Health Economics: Economic Evaluation	1	Sep – Oct 2025	6
INFD5001R	Infectious Diseases in Public Health Practice	1	Sep – Oct 2025	7
OENV5001F	Environmental Health Sciences	2	Sep – Nov 2025	8
PBHT5000	Foundations of Public Health	1	Aug – Sep 2025	9
PBHT5001	Introduction to Qualitative Research: Theories and Research Design	2	Oct – Dec 2025	10
PBHT5005	Basic Human Physiology	2	Aug – Sep 2025	11
POPG5001	Global Health	2	Sep – Nov 2025	12
POPG5011	Food Security from the Public Health Perspective	2	Oct – Dec 2025	13
<i>Term 1-2 Nov 2025 – Feb 2026</i>				
HSYS5001P	Health Systems, Policy and Management	3	Nov 2025 - Feb 2026	14

HPSB5001F Introduction to Health and Social Behaviour

Course Coordinator: Prof. Phoenix MO

(3 credits)

Course Description

The course provides students with an introduction to the basic concepts of health and social behavior that frame public health promotion programmes. Students will learn about the process of creating and implementing health promotion programmes in the community using internationally accepted best practices. Case-studies & guest speakers will highlight the concepts taught. The main deliverable is a project protocol.

Learning Outcomes/Objectives

Student should be able to:

1. Appreciate inter-disciplinary approaches in health improvement;
2. Understand how to design, implement and evaluate health improvement programs using common theoretical frameworks;
3. Appreciate the role of community involvement, grass-roots organizations, advocacy groups and the role of government in health promotion;
4. Become familiarised with real-life examples of health promotion projects.

Course Schedule

Session	Date	Time	Venue
1	3 Sep 2025 (Wed)	9:30-12:30	JC School of Public Health and Primary Care, Prince of Wales of Hospital, Shatin, N.T., Hong Kong
2	10 Sep 2025 (Wed)	9:30-12:30	
3	17 Sep 2025 (Wed)	9:30-12:30	
4	24 Sep 2025 (Wed)	9:30-12:30	
5	8 Oct 2025 (Wed)	9:30-12:30	
6	15 Oct 2025 (Wed)	9:30-12:30	
7	22 Oct 2025 (Wed)	9:30-12:30	
8	12 Nov 2025 (Wed)	9:30-12:30	
9	19 Nov 2025 (Wed)	9:30-12:30	
10	26 Nov 2025 (Wed)	9:30-12:30	
11	3 Dec 2025 (Wed)	9:30-12:30	
12	10 Dec 2025 (Wed)	9:30-12:30	
13	17 Dec 2025 (Wed)	9:30-12:30	

Fee

Application Fee: \$100

Course Fee: \$17,490

HSYS5001F Health Systems, Policy and Management

Course Coordinator: Prof. CT HUNG

(3 credits)

Course Description

This course is an introduction to the basic principles of management, strategic planning, quality assurance, health economics and financing, and health policy analysis that serves as a foundation to more advanced coursework in health policy & management. This course is benchmarked to meet certain part of the competencies of the Part A, Diplomate Membership level of the UK Public Health Examination, the US Certified Public Health Exam of the Association of Schools of Public Health as well as Part I Examination in Administrative Medicine of the HK College of Community Medicine.

Learning Outcomes/Objectives

Students should be able to:

1. Appreciate the basic principles of healthcare system, policy, financing, and health economics.
2. Become familiar with the basic management theories and concepts that underlie the operations of healthcare organisations.
3. Apply systems thinking to resolve organisational issues.

Course Schedule

Session	Date	Time	Venue
1	8 Sep 2025 (Mon)	14:00-17:00	JC School of Public Health and Primary Care, Prince of Wales of Hospital, Shatin, N.T., Hong Kong
2	15 Sep 2025 (Mon)	14:00-17:00	
3	22 Sep 2025 (Mon)	14:00-17:00	
4	29 Sep 2025 (Mon)	14:00-17:00	
5	13 Oct 2025 (Mon)	14:00-17:00	
6	20 Oct 2025 (Mon)	14:00-17:00	
7	27 Oct 2025 (Mon)	14:00-17:00	
8	3 Nov 2025 (Mon)	14:00-17:00	
9	10 Nov 2025 (Mon)	18:30-21:30	
10	17 Nov 2025 (Mon)	18:30-21:30	
11	24 Nov 2025 (Mon)	18:30-21:30	
12	1 Dec 2025 (Mon)	18:30-21:30	
13	8 Dec 2025 (Mon)	14:00-17:00	
14	15 Dec 2025 (Mon)	14:00-17:00	

Fee

Application Fee: \$100

Course Fee: \$17,490

HSYS5003 Health Economics: Economic Evaluation

Course Coordinator: Prof. Benjamin YIP

(1 credit)

Course Description

There is a fundamental question asked in public health and health care in general: how can we get the best results, in terms of better health, from the resources which are available in the community? Economics evaluation, as a field, attempts to provide a systematic and rationale framework to improve the efficient and equitable allocation of scarce health care resources. We will introduce the framework of cost-effectiveness analysis, the underlying theory of rationale of utility measures (QALY, DALY) in cost-utility analysis, and how to conduct sample size calculation for cost-effectiveness analysis. A tutorial session (60min) will follow after each lecture to discuss and conduct critical review of case studies. No prerequisite module is required.

Learning Outcomes/Objectives

Students should be able to:

1. Decide which economic evaluation to be conduct given the aim of the study.
2. Make critical appraisal of economic evaluation studies.
3. Conduct sample size calculation of cost-effectiveness analysis (alone with a trial).

Course Schedule

Session	Date	Time	Venue
1	24 Sep 2025 (Wed)	18:30-21:30	JC School of Public Health and Primary Care, Prince of Wales of Hospital, Shatin, N.T., Hong Kong
2	8 Oct 2025 (Wed)	18:30-21:30	
3	15 Oct 2025 (Wed)	18:30-21:30	
4	22 Oct 2025 (Wed)	18:30-21:30	
5	5 Nov 2025 (Wed)	19:00-21:00	

Fee

Application Fee: \$100

Course Fee: \$5,830

INFD5001R Infectious Diseases in Public Health Practice

Course Coordinator: Dr. Candy WONG

(1 credit)

Course Description

This course is designed to provide basic knowledge on infectious diseases and an overview on their public health impacts and control strategies from global and local perspectives

Learning Outcomes/Objectives

Students should be able to:

1. Describe the basics of infectious disease microbiology and human presentations
2. Name the common categories of infection and their detection methods
3. List the topical and emerging infections of public health importance
4. Describe the public health infrastructure and strategies on prevention and control of infectious diseases

Course Schedule

Session	Date	Time	Venue
1	26 Sep 2025 (Fri)	18:30-21:30	JC School of Public Health and Primary Care, Prince of Wales of Hospital, Shatin, N.T., Hong Kong
2	3 Oct 2025 (Fri)	18:30-21:30	
3	10 Oct 2025 (Fri)	18:30-21:30	
4	17 Oct 2025 (Fri)	18:30-21:30	
5	31 Oct 2025 (Fri)	19:00-20:30	

Fee

Application Fee: \$100

Course Fee: \$5,830

OENV5001F Environmental Health Sciences

Course Coordinator: Prof. KF HO

(2 credits)

Course Description

This course addresses how the environmental and occupational (work-related) factors affect human health and what we can do to prevent or minimize the negative impacts. It examines the environmental health issues and recent development in industrialized and developing countries. It also covers risk communication, environmental health policy, and emerging environmental health problems.

Learning Outcomes/Objectives

Students should be able to:

1. Describe epidemiology & toxicology methods used to assess the impact of environmental exposures on human health;
2. Identify and define the steps in the risk-assessment and risk-management;
3. Explain how factors, such as risk perception, law and socioeconomic condition, may influence the practice of environmental health;
4. Define the major sources and types of hazards in the environment and workplaces; Describe the direct and indirect health effects of major environmental and occupational agents;
5. Describe general principles of environmental pollution mitigation and occupational hazard control;
6. Describe regulatory programs, guidelines & authorities on environmental health.

Course Schedule

Session	Date	Time	Venue
1	9 Sep 2025 (Tue)	14:00-17:00	JC School of Public Health and Primary Care, Prince of Wales of Hospital, Shatin, N.T., Hong Kong
2	16 Sep 2025 (Tue)	14:00-17:00	
3	23 Sep 2025 (Tue)	14:00-17:00	
4	30 Sep 2025 (Tue)	14:00-17:00	
5	14 Oct 2025 (Tue)	14:00-17:00	
6	21 Oct 2025 (Tue)	14:00-17:00	
7	28 Oct 2025 (Tue)	14:00-17:00	
8	4 Nov 2025 (Tue)	14:00-17:00	
9	11 Nov 2025 (Tue)	14:00-17:00	

Fee

Application Fee: \$100

Course Fee: \$11,660

PBHT5000 Foundations of Public Health

Course Coordinator: Dr. Paul POON & Prof. Roger CHUNG

(1 credit)

Course Description

This course is an introductory course for all students which aim to provide an overview on the basic concepts and current issues in the field of public health. Students will gain a broad, general understanding of how public health issues can be framed in the context of global health and the key functions of health system. This foundation course will equip students with an analytic lens that is essential for deeper learning in global public health. Tutorials will reinforce concepts taught in lecture.

Learning Outcomes/Objectives

Students should be able to:

1. Understand the basic concept and characteristics of public health and social determinants of health;
2. Understand the key functions of health system in analyzing public health issues;
3. Understand the basic concept of population, society and global disparities of health and promoting equity;
4. Understand the basic structures of health systems, in particular the challenges of NCDs & communicable diseases; and
5. Gain familiarity of concepts of environmental change and global health.

Course Schedule

Session	Date	Time	Venue
1	26 Aug 2025 (Tue)	18:30-21:30	JC School of Public Health and Primary Care, Prince of Wales of Hospital, Shatin, N.T., Hong Kong
2	27 Aug 2025 (Wed)	18:30-21:30	
3	2 Sep 2025 (Tue)	18:30-21:30	
4	3 Sep 2025 (Wed)	18:30-21:30	

Fee

Application Fee: \$100

Course Fee: \$5,830

PBHT5001 Introduction to Qualitative Research: Theories and Research Design

Course Coordinator: Prof. Dong DONG

(2 credits)

Course Description

This qualitative methods course will introduce students to the topical issues related to conducting qualitative research and allow for hands-on exposure to the methods of data collection and analysis used in this methodology

Learning Outcomes/Objectives

Students should be able to:

1. Understand the definition and features of qualitative research
2. Understand the philosophical basis of qualitative approaches and describe its applications
3. Understand and apply the skills of conducting qualitative research: case study, observation, interview, focus group, and textual analysis.
4. Understand and apply the skills of data coding and interpretation in the analytical process

Course Schedule

Session	Date	Time	Venue
1	24 Oct 2025 (Fri)	18:30-21:30	JC School of Public Health and Primary Care, Prince of Wales of Hospital, Shatin, N.T., Hong Kong
2	31 Oct 2025 (Fri)	18:30-21:30	
3	7 Nov 2025 (Fri)	18:30-21:30	
4	14 Nov 2025 (Fri)	18:30-21:30	
5	21 Nov 2025 (Fri)	18:30-21:30	
6	28 Nov 2025 (Fri)	18:30-21:30	
7	5 Dec 2025 (Fri)	18:30-21:30	
8	12 Dec 2025 (Fri)	18:30-21:30	

Fee

Application Fee: \$100

Course Fee: \$11,660

PBHT5005 Basic Human Physiology

Course Coordinator: Prof. Martin WONG

(2 credits)

Course Description

This course is a basic introduction to the human body for public health students without a bio-medical background. It is geared towards students with an undergraduate degree in the social sciences, arts and physical sciences. It will introduce the overview of basic scientific mechanisms, concepts and principles in health and in the pathogenesis of disease. It provides clinical scientific foundation for applications to the practice of public health. Professionals in the clinical health field such as physicians, nurses, dentists and allied health specialists will not be permitted to take this course for credit.

Learning Outcomes/Objectives

Students should be able to:

1. Understand the fundamental principles of human biology, anatomy and physiology;
2. Describe the major diseases in each body system;
3. Enumerate strategies to combat and prevent these common diseases

Course Schedule

Session	Date	Time	Venue
1	26 Aug 2025 (Tue)	9:30-12:30	JC School of Public Health and Primary Care, Prince of Wales of Hospital, Shatin, N.T., Hong Kong
2	27 Aug 2025 (Wed)	9:30-12:30	
3	28 Aug 2025 (Thu)	9:30-12:30 & 14:00-17:00	
4	29 Aug 2025 (Fri)	9:30-12:30 & 14:00-17:00	
5	1 Sep 2025 (Mon)	9:30-12:30	
6	2 Sep 2025 (Tue)	9:30-12:30	
7	5 Sep 2025 (Fri)	14:30-16:30	

Fee

Application Fee: \$100

Course Fee: \$11,660

POPG5001 Global Health

Course Coordinator: Prof. Roger CHUNG

(2 credits)

Course Description

The global nature of public health issues across the domains of practice are of growing importance. Chronic disease problems such as obesity and its consequences as well as communicable diseases such as HIV/AIDS, malaria and TB are of international concern. So too are the health effects of international policies and trade agreements. In addition, public health has a key role to play in disasters such as earthquakes, floods and Tsunami. This course will enable a deeper understanding of a global perspective to non –and communicable disease; the inequalities between nations; the impact of the wider environment on health; response to disasters; the role of international bodies.

Learning Outcomes/Objectives

Students should be able to:

1. Gain awareness of issues in global human health and security.
2. Understand major measurements of the health of population and its determinants.
3. Have the ability to interpret the reasons for health changes and variations of the world and its nations.
4. Obtain skills in accessing, compiling and presenting the health situation of any country.
5. Shape an evidence-based world view and to be able to engage in debates in global health issues.

Course Schedule

Session	Date	Time	Venue
1	8 Sep 2025 (Mon)	18:30-21:30	JC School of Public Health and Primary Care, Prince of Wales of Hospital, Shatin, N.T., Hong Kong
2	15 Sep 2025 (Mon)	18:30-21:30	
3	22 Sep 2025 (Mon)	18:30-21:30	
4	29 Sep 2025 (Mon)	18:30-21:30	
5	13 Oct 2025 (Mon)	18:30-21:30	
6	20 Oct 2025 (Mon)	18:30-21:30	
7	27 Oct 2025 (Mon)	18:30-21:30	
8	3 Nov 2025 (Mon)	18:30-21:30	
9	19 Nov 2025 (Wed)	18:30-20:30	

Fee

Application Fee: \$100

Course Fee: \$11,660

POPG5011 Food Security from the Public Health Perspective

Course Coordinator: Dr. Tony YUNG

(2 credits)

Course Description

Despite the advancement in economic development and food technology, there are people living without the basic supply of sufficient and clean foods required for their physiological well-being. The World Food Summit of 1996 defined food security as existing “when all people at all times have access to sufficient, safe, nutritious food to maintain a healthy and active life”. This course introduces the factors affecting the sustainability of contemporary food systems at both local and global perspectives. Areas including technological advancement, economic drive, political stability, as well as socio-cultural influences will be analysed critically as insights to tackle the challenge of future food crisis.

Learning Outcomes/Objectives

Students should be able to:

1. Understand in detail the definition and scope of food security
2. Apply the understanding of food security to the analysis of global and local situations of food and nutrition supply
3. Realise the global and local efforts tackling food insecurity
4. Understand the role and importance of food safety as an element of food security

Course Schedule

Session	Date	Time	Venue
1	8 Oct 2025 (Wed)	18:30-21:30	JC School of Public Health and Primary Care, Prince of Wales of Hospital, Shatin, N.T., Hong Kong
2	15 Oct 2025 (Wed)	18:30-21:30	
3	22 Nov 2025 (Wed)	18:30-21:30	
4	5 Nov 2025 (Wed)	18:30-21:30	
5	12 Nov 2025 (Wed)	18:30-21:30	
6	26 Nov 2025 (Wed)	18:30-21:30	
7	3 Dec 2025 (Wed)	18:30-21:30	
8	10 Dec 2025 (Wed)	18:30-21:30	
9	17 Dec 2025 (Wed)	18:30-21:30	

Fee

Application Fee: \$100

Course Fee: \$11,660

HSYS5001P Health Systems, Policy and Management

Course Coordinator: Prof. CT HUNG

(3 credits)

Course Description

This course is an introduction to the basic principles of management, strategic planning, quality assurance, health economics and financing, and health policy analysis that serves as a foundation to more advanced coursework in health policy & management. This course is benchmarked to meet certain part of the competencies of the Part A, Diplomate Membership level of the UK Public Health Examination, the US Certified Public Health Exam of the Association of Schools of Public Health as well as Part I Examination in Administrative Medicine of the HK College of Community Medicine.

Learning Outcomes/Objectives

Students should be able to:

1. Appreciate the basic principles of healthcare system, policy, financing, and health economics.
2. Become familiar with the basic management theories and concepts that underlie the operations of healthcare organizations.
3. Apply systems thinking to resolve organizational issues.

Course Schedule

Session	Date	Time	Venue
1	10 Nov 2025 (Mon)	18:30-21:30	JC School of Public Health and Primary Care, Prince of Wales of Hospital, Shatin, N.T., Hong Kong
2	17 Nov 2025 (Mon)	18:30-21:30	
3	24 Nov 2025 (Mon)	18:30-21:30	
4	1 Dec 2025 (Mon)	18:30-21:30	
5	5 Dec 2025 (Fri)	18:30-21:30	
6	8 Dec 2025 (Mon)	18:30-21:30	
7	11 Dec 2025 (Mon)	18:30-21:30	
8	15 Dec 2025 (Mon)	18:30-21:30	
9	5 Jan 2026 (Mon)	18:30-21:30	
10	12 Jan 2026 (Mon)	18:30-21:30	
11	19 Jan 2026 (Mon)	18:30-21:30	
12	26 Jan 2026 (Mon)	18:30-21:30	
13	2 Feb 2026 (Mon)	18:30-21:30	
14	9 Feb 2026 (Mon)	18:30-21:30	

Fee

Application Fee: \$100

Course Fee: \$17,490

Application Form (2025-2026, Term 1)

Notes for Applicants

1. Submission of Application Form

The completed online application should be completed with the supporting documents uploaded to the following link or QR code, and post **an application fee of HK\$100.00** (A crossed personal cheque or bankdraft made payable to: “The Chinese University of Hong Kong”) to the address below:

Course Administrator
Master of Public Health Programme (Short course)
Rm 202, 2/F, JC School of Public Health and Primary Care,
Prince of Wales Hospital,
Shatin, N.T., HONG KONG.

Online Application Form:

Link	https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13712619
QR Code	

2. Application Deadline

This application form should be completed and returned **at least TWO weeks before** the commencement of the programme or the course.

3. Selection Process

Applicants will be notified of the application result when the Programme concerned has made its decision.

4. Tuition Fee Payment

Students are required to pay the full tuition fee prior to the commencement of the course. Once paid, the fee is **non-refundable and non-transferable**.

Payment(s) can be made by a crossed cheque or bankdraft, payable to “The Chinese University of Hong Kong”

Application Fee: HK\$100.00

Course Fee: On a modular basis

Information and Enquiries

Address:

Room 202, 2/F, JC School of Public Health and Primary Care,
Prince of Wales Hospital, Shatin, N.T., Hong Kong

Miss Charlotte Lam/ Miss Zoe Wong / Miss Katherine Lee

Tel: (852) 2252 8466/ 2252 8467 / 2252 8810

Fax: (852) 2145 7489

Email: mph_cuhk@cuhk.edu.hk

The Programme reserves the right to cancel the course if the number of registered students is insufficient or due to other unforeseen circumstances..

Programme Staff

Master of Public Health (MPH)

Programme Director:

Prof. Samuel WONG

Deputy Programme Director:

Prof. Roger CHUNG

Programme Administrator:

Miss Charlotte Lam/ Miss Zoe Wong /Miss Katherine Lee

Tel: (852) 2252 8466/ 2252 8467 / 2252 8810

Fax: (852) 2145 7489

Email: mph_cuhk@cuhk.edu.hk

The information in this brochure is accurate as of 21 July 2025 and is subject to periodic review and change.

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